1. Imagine you have been invited on an expedition to climb to the top of Mount Everest. You will be at the top of the world’s highest mountain with a group of experienced climbers. The following is a list of some items you will be taking with you. Match them to the four basic needs (food, water, habitat, exchange of gases). One has been done as an example.
   * bottled water
   * parka
   * chocolate bar
   * peanuts
   * decongestant
   * scarf to keep lungs warm
   * dried soup
   * stove for melting snow
   * oxygen canister
   * tent

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| --- | --- |
| FOOD |  |
| WATER |  |
| HABITAT |  |
| EXCHANGE OF GASES |  |

1. Your actions can have an effect on the environment. The effect can be positive or negative. Mark each of these actions as either positive or negative. Place a P on the line if the action is positive. Place an N on the line if the action is negative.

\_\_\_\_ Get a ride to the library in the family car rather than walking.  
\_\_\_\_ Choose products with less packaging.  
\_\_\_\_ Clean up garbage in the schoolyard.  
\_\_\_\_ Eat food with a lot of packaging.  
\_\_\_\_ Litter.  
\_\_\_\_ Recycle.  
\_\_\_\_ Ride your bike to soccer practice rather than getting a ride in a car.  
\_\_\_\_ Waste water in the shower.